HOLY CROSS & ALL SAINTS RC PRIMARY

Love
Learn
Grow
Together

MONDAY MISSION

Following the example of the Saints

All Saints' Week

THIS WEEK'S WORD

Matthew 5:1-12a
The Beatitudes

THE GOSPEL

At that time: Seeing the crowds, Jesus went up on the mountain, and when he sat down, his disciples came to him. And he opened his mouth and taught them, saying:

"Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they shall be comforted. Blessed are the meek, for they shall inherit the earth. Blessed are those who hunger and thirst for righteousness, for they shall be satisfied. Blessed are the merciful, for they shall receive mercy. Blessed are the pure in heart, for they shall see God. Blessed are the peacemakers, for they shall be called sons of God. Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. Blessed are you when others revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven."

Matthew 5:1-12a



THE KEY MESSAGE

Jesus shows us what living God's way looks like. The Beatitudes are a guide for how to be a happy, kind and faithful person. The Saints followed this way, and they inspire us to do the same.

REFLECTION – THINK, PRAY, DISCUSS

In this Gospel, Jesus gives us a special list of blessings called the Beatitudes. They remind us that true happiness comes from being kind, merciful, peaceful and loving, even when life is difficult.

During All Saints' Week, we remember the many men and women who lived these values in their own lives. They show us that ordinary people can do extraordinary things when they live like Jesus.

Questions to think about:

- Which of the Beatitudes do you find most inspiring?
- What can we learn from the lives of the Saints?
- How can we try to live like the Saints in our school and at home?

OUR STEPS TO LIVE LIKE THE SAINTS

1. **BE KIND**
   Treat everyone with respect and care.
2. **BE MERCIFUL**
   Forgive others and give a second chance.
3. **BE A PEACEMAKER**
   Help to make our school and community a calmer, happier place.
4. **BE FAITHFUL**
   Try to do what is right, even when it is not easy.

"Blessed are the peacemakers, for they shall be called sons of God."
Matthew 5:9

LET US PRAY

Loving God,

Thank you for the gift of the Saints who show us how to live as your friends.

Help us to be kind, merciful, peaceful and courageous, like them.

Give us the strength to follow Jesus each day and to make a difference in the lives of others.

May we always choose your way of love and goodness.

Amen.

THIS WEEK'S MISSION

Be a Saint in Action

This week, I will:

- [ ] Choose one Beatitude (e.g. be kind, be merciful, be a peacemaker) and try to live it out each day.
- [ ] Show kindness and include someone who might feel left out.
- [ ] Be a peacemaker by treating others fairly and with respect.
- [ ] Say a prayer to thank God for the Saints and ask for their example and help.

Inspired by the Saints, we choose to live like Jesus.

LOVE GOD
LOVE OTHERS
BE THE BEST WE CAN BE

Together in Jesus, we can make the world a kinder place.