



How to Sign In

Setting up your free account and logging in to the TGMC (The Good Morning Club) Parent Portal.

As a TGMC school, every Holy Cross & All Saints family gets **free access** to the Parent Portal. It only takes a couple of minutes to set up, and you only need to create your account **once**.

First time? Create your account

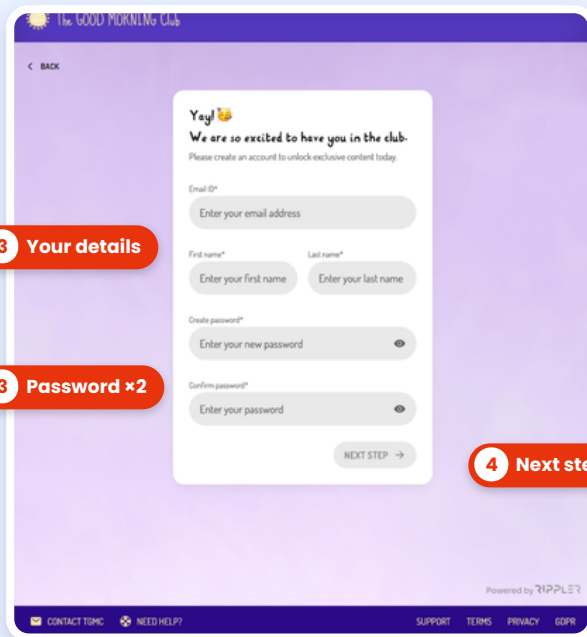
DO THIS ONCE

- 1 Open our school link.** Scan the QR code below with your phone camera, or click the button.
This link is unique to our school, so please use it rather than searching for TGMC online.
- 2 The “Create Account” page opens** in a new tab. It says **“Yay! We are so excited to have you in the club.”**
- 3 Fill in your details:** your email address, first name and last name. Then create a password and type it again to confirm it.
- 4 Press “Next step”.** That’s it! Your account is ready and you can log in.



Scan me with your phone camera, or click:

[Create my account →](#)

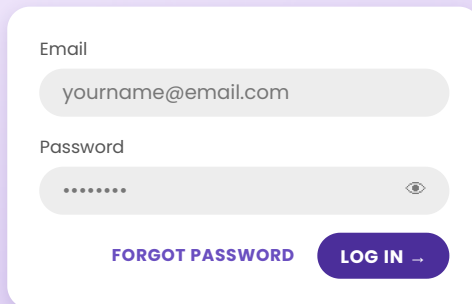


What the “Create Account” page looks like

Coming back? Log in

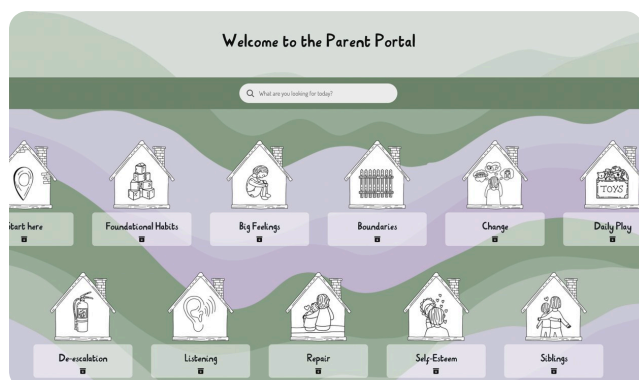
EVERY TIME

- 1 Go to tgmc.uk/auth/login** (or tgmc.uk). Tip: bookmark it so it’s easy to find.
- 2 Enter your email address and password**, the same ones you used to create your account.
- 3 Press “Log in”** and you’re in!
Forgotten your password? Click **“Forgot password”** on the log-in screen to reset it.



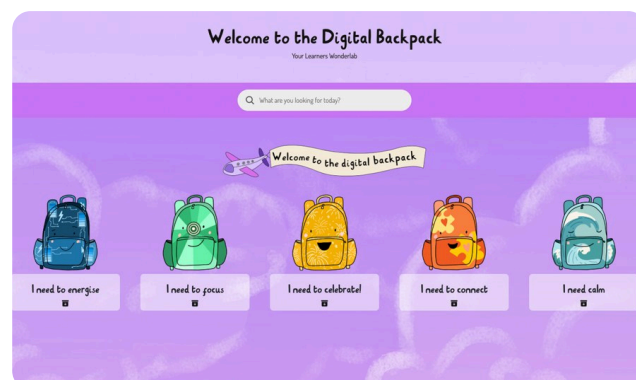
The log-in box (illustration)

Once you're in...



The Parent Portal

Short videos sorted by topic, such as **Big Feelings**, **Boundaries**, **Change**, **Listening** and **Siblings**. A great place to begin is **Start here**.



The Digital Backpack

An interactive tool to use *with* your child. They pick a backpack for what they need, like **"I need calm"**, **"I need to focus"** or **"I need to celebrate!"**

Making the most of it

- 1 **Begin with "Start here"** for a quick introduction to the TGMC approach.
- 2 **Watch together.** Share a video with the other adults at home so everyone uses the same calm words and approach.
- 3 **Try the Digital Backpack at a calm moment** first, so your child gets to know it before they really need it.
- 4 **Look out for our newsletters**, where we may suggest videos linked to what we are doing in school.

Having trouble?

I can't find the link.

Scan the QR code on page 1, or ask the school office to send it to you again.

I've forgotten my password.

On the log-in screen, click **"Forgot password"** and follow the steps to reset it.

The link won't open.

Try a different web browser or device. If it still won't work, let us know.

Already have an account?

No need to sign up again. Just log in at **tgmc.uk**.



Stuck? Please speak to your child's class teacher or contact the school office and we'll help you get set up. There is also a **"Need help?"** link at the bottom of every TGMC page.