

HOLY CROSS AND ALL SAINTS MONDAY MISSION

THIS WEEK'S WORD: MATTHEW 10:26-33

"So have no fear of them; for nothing is covered up that will not be uncovered, and nothing secret that will not become known. What I say to you in the dark, tell in the light; and what you hear whispered, proclaim from the housetops. Do not fear those who kill the body but cannot kill the soul; rather fear him who can destroy both soul and body in hell. Are not two sparrows sold for a penny? Yet not one of them will fall to the ground apart from your Father. And even the hairs of your head are all counted. So do not be afraid; you are of more value than many sparrows. "Everyone therefore who acknowledges me before others, I also will acknowledge before my Father in heaven; ³³ but whoever denies me before others, I also will deny before my Father in heaven.



REFLECT

In this week's Gospel, Jesus reminds us that we are never forgotten and never alone. He tells us that even the tiniest sparrows matter to God. If God cares so much about a small sparrow, imagine how much God must care about each one of us. God knows everything about us, even how many hairs are on our head. God knows our worries, our fears and our hopes, and holds them gently.

When we really believe that we are loved by God, our fears start to shrink. Love makes us brave. Love helps us stand tall, even when things feel a bit scary or uncertain. Jesus wants us to trust that God is with us in every moment – when things feel bright and happy, and when things feel dark or difficult.

Because we are loved, we can choose to be brave and kind. We can choose love instead of fear. We can let our lives shine with the goodness God has put inside us. When we trust in God's love, we can face each day with hope, knowing that we are precious, important and never abandoned.

LET US PRAY

Loving God,
You know me completely and love me deeply. When I feel afraid, remind me that You are close. When worries fill my mind, fill my heart with Your peace. Give me the courage to trust in Your care and the strength to live with love each day. Help me to see Your presence in the ordinary moments of my life and to share Your kindness with others.
Amen.

MISSION

This week, try to choose courage instead of fear. When you start to feel worried, pause, take a gentle breath, and remind yourself: "God is with me." Let those words help you feel calm and brave. Let God's love guide how you speak and how you act. Be ready to show kindness, give a smile, help someone who needs it, or be a friend to someone who feels left out. Remember that God shows you every day that you are loved and important. This week, try to share that same love with others through your words, your actions, and your kindness. Walk through this week with courage in your heart and God's love shining through everything you do.