

HOLY CROSS AND ALL SAINTS MONDAY MISSION

THIS WEEK'S WORD: MATTHEW 9:36-10:8

As he saw the crowds, his heart was filled with pity for them, because they were worried and helpless, like sheep without a shepherd. So he said to his disciples, "The harvest is large, but there are few workers to gather it in. Pray to the owner of the harvest that he will send out workers to gather in his harvest." Jesus called his twelve disciples together and gave them authority to drive out evil spirits and to heal every disease and every sickness. These are the names of the twelve apostles: first, Simon (called Peter) and his brother Andrew; James and his brother John, the sons of Zebedee; Philip and Bartholomew; Thomas and Matthew, the tax collector; James son of Alphaeus, and Thaddaeus; Simon the Patriot, and Judas Iscariot, who betrayed Jesus. These twelve men were sent out by Jesus with the following instructions: "Do not go to any Gentile territory or any Samaritan towns. Instead, you are to go to the lost sheep of the people of Israel. Go and preach, 'The Kingdom of heaven is near!' Heal the sick, bring the dead back to life, heal those who suffer from dreaded skin diseases, and drive out demons. You have received without paying, so give without being paid.



REFLECT

In the Gospel, Jesus looks at the crowd and feels deep compassion for them. He sees that they are worried, tired, and unsure what to do — like sheep without a shepherd. Jesus doesn't just feel sorry for them. He does something. He heals people, helps them, and then sends His friends — the disciples — to do the same.

Jesus sends us too. He asks us to notice when people are sad, lonely, worried, or left out... and to show them love through our actions.

God's justice and compassion always go together. God wants everyone to be treated fairly, kindly, and with love. And God asks us to help make that happen. Sometimes we judge people quickly — by how they act, what they say, or even how they look. But if we could walk in their shoes for a moment, we might understand them much better.

Think quietly:

- Is there someone you find difficult? Imagine being them for a moment. What might their day feel like?
- Is there someone you often disagree with? Imagine having a calm conversation with them. Imagine really listening.

Ask God to help you see people the way Jesus sees them — with kindness, fairness, and compassion.

LET US PRAY

Loving God,

Thank you for always being with us, especially when we feel lost or worried. Fill our hearts with compassion like Jesus. Help us to understand others, to listen carefully, and to treat everyone fairly. Show us how to put love into action today.

Amen.

Oh Sacred heart of Jesus I place all my trust in you.

Oh Sacred heart of Jesus I place all my trust in you.

Oh Sacred heart of Jesus I place all my trust in you.

MISSION

Be a disciple of compassion.

Choose one way to show love today:

- ♥🔥 Include someone who is feeling left out
- ♥🔥 Listen kindly to someone who needs a friend
- ♥🔥 Help someone without being asked
- ♥🔥 Say something encouraging to someone who is sad or worried
- ♥🔥 Stand up for someone who is not being treated fairly

Remember Jesus' words: "You received without paying; give without pay." Give kindness freely today.