



Book club recommendations

These books were suggested and recommended by the co-designers of the **NEurodivergent peer Support Toolkit (NEST)** handbook – young neurodivergent people and the adults who support them (some of whom are neurodivergent, too!).

Not every **NEST** group will want to run a book club, and that’s okay!

You might want to consider sharing these book recommendations with members of the **NEST** group for them to read in their own time. You could also see if you might be able to acquire some of them for the **NEST** meeting room or the school library. You might even consider reading some yourself, or recommending them to other members of staff.

Book Title	Author	Notes
Tom Gate (series)	Liz Pichon	Liz is a dyslexic author, with a dyslexic child who writes/illustrates books which many dyslexic readers find easy to read.
Dog Man (series)	Dav Pilkey	Dav is a dyslexic author who writes/illustrates books which many dyslexic readers find easy to read.
Hank Zipzer (series)	Henry Winkler; Lin Oliver	Henry is a dyslexic author and the character Hank has many dyslexic traits.
Fish in a Tree	Lynda Mullaly Hunt	This book has themes which teach that everybody is smart in different ways, but if you judge a fish by its ability to climb a tree, it will live its life believing it is stupid.
I Talk Like a River	Jordan Scott	This is a poem where the main character has a stammer.
The Boy Who Made Everyone Laugh	Helen Rutter	The main character in this book has a stammer. This book also covers themes such as bullying, friendships and insecurities.
Anne of Green Gables	Lucy Maud Montgomery	Although it is never explicitly mentioned, there are themes of neurodivergence with the main character. A good discussion point could be that this book was written in 1908, and therefore historical context could be discussed within the group.
The Colour of Bee Larkam’s Murder	Sarah J Harris	The main character has synaesthesia.
Rubbernecker	Belinda Bauer	The main character is autistic.
The Underdogs (series)	Chris Bonello	The author is autistic and the main characters are group of teens who are from a special school.
A Mango Shaped space	Wendy Mass	This book has a female main character who has synaesthesia.
The State of Grace	Rachael Lucas	This book is a teen/YA novel about an autistic girl and her first romance.

Remember to check **Section 4(h) Risk assessment, wellbeing, and behaviour** of the **NEST** handbook before starting your **NEST** book group.

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Queens of Geek	Jen Wilde	This book is a teen/YA novel about an autistic girl and her first romance.
NeuroTribes: The Legacy of Autism and How to Think Smarter About People Who Think Differently	Steve Silberman	A non-fiction book about the history of autism and the growth of the neurodiversity movement.
A Kind of Spark	Elle McNicoll	This novel may be aimed at a slightly younger age group but has been enjoyed by all ages. The story has an autistic 11 year old main character as well as many other autistic characters. It also includes a brief history of neurodiversity and autistic equality. This book is also written by an autistic author.
Show Us Who You Are	Elle McNicoll	This book is written by an autistic author and focuses on friendships between characters who are autistic and have ADHD.
On the Edge of Gone	Corinne Duyyis	This book is written by an autistic author and is about an autistic, biracial main character. This book also includes characters who are transgender, black and bisexual.
The Art of Saving the World	Corinne Duyyis	This book is written by an autistic author and also includes a main character who is an asexual lesbian with anxiety.
Otherbound	Corinne Duyyis	This book is written by an autistic author and is a YA novel which includes a bisexual main character.
Hoshi and the Red City Circuit	Dora M. Raymaker	This book is written by an autistic, queer and genderqueer author who writes a main character who is a queer autistic private detective.
Can you See Me?: Expected to Fit In, Proud to Stand Out	Libby Scott & Rebecca Westcott	Libby Scott (one of the authors) is an autistic young person. The main character of this book is an autistic eleven year old.
Do You Know Me?: Find Your People, Find Yourself	Libby Scott & Rebecca Westcott	This book is a sequel to Can you See Me?: Expected to Fit In, Proud to Stand Out.
Ways To Be Me: Forget Who They Want You To Be. Embrace Who You Are	Libby Scott & Rebecca Westcott	This book is a sequel to Can you See Me?: Expected to Fit In, Proud to Stand Out and Do You Know Me?: Find Your People, Find Yourself.
Please don't hug me	Kay Kerr	This book is written by an autistic author where the main character is also autistic.
Social Queue	Kay Kerr	This book is written by an autistic author where the main character is also autistic.
The Many Mysteries of the Finkel Family	Sarah Kappit	This book is written by an autistic author. The story of this book centres around two autistic siblings one of whom is non-speaking. The siblings also have a parent who has ADHD.

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These materials are a resource of the **NEurodivergent peer Support Toolkit (NEST)**. Please check the website for terms of use <https://salvesen-research.ed.ac.uk/research/nest-neurodivergent-peer-support-toolkit>.