

HOLY CROSS AND ALL SAINTS MONDAY MISSION

THIS WEEK'S WORD:

Matthew 5:1-12

At that time: Seeing the crowds, Jesus went up on the mountain, and when he sat down, his disciples came to him. And he opened his mouth and taught them, saying:

'Blessed are the poor in spirit, for theirs is the kingdom of heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

Blessed are the merciful, for they shall receive mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called sons of God.

Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.

Blessed are you when others revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven.'



REFLECT

Imagine Jesus climbing up a hill and everyone gathering around Him, waiting to hear something special. When He begins to speak, He doesn't talk about being the strongest, the richest, or the most important. Instead, He talks about being kind, gentle, brave, and loving. He tells everyone that these are the things that make a person truly blessed.

Jesus is teaching us that God sees goodness in places we might not expect:

- When you feel sad and someone comforts you, God is close to you.
- When you choose to be gentle instead of pushing to be first, God smiles at your choice.
- When you try your best to do what is right—even when it's hard—God fills your heart with strength.
- When you forgive someone or show kindness, you are sharing God's mercy.
- When you help others get along and make peace, you are doing God's work.
- And when people don't understand you because you follow Jesus, He reminds you that heaven is your reward.

Jesus is showing us that being blessed doesn't always look like winning a prize or being the best at something. Being blessed means having a heart that looks like His—kind, brave, loving, and full of peace.

LET US PRAY

Dear Jesus,

Thank you for teaching us how to live with kind and loving hearts. Help us to be gentle, to comfort others, and to choose what is right. Teach us to forgive, to make peace, and to do good even when it's hard. Stay close to us each day and help us follow your ways with joy.

Amen

MISSION

This week, your mission is to try living the Beatitudes in small, everyday ways. Jesus teaches that being blessed means having a heart like His—kind, gentle, brave, and full of love. Choose one Beatitude to live out each day:

Be Gentle: Try to be patient and calm, even when things feel frustrating.

Bring Comfort: Look for someone who might be sad or alone and brighten their day with kindness.

Do What's Right: Make a good choice, even if it's difficult. Stand up for what is fair.

Show Mercy: Forgive someone who has annoyed or upset you.

Keep Your Heart Pure: Do something kind in secret, without expecting praise.

Make Peace: Help others get along by using calm words and listening well.

Be Brave for Jesus: Do the right thing, even if others don't understand.